

# Beyond Cancer News

ISSUE 4 WINTER 2014

**Welcome** to the annual issue of Beyond Cancer News. Inside this issue you will find out what we have been up to throughout the year and plans for 2015.

As a small Registered Charity, we appreciate your help and support, without which we would not be able to achieve our goals to help those diagnosed with cancer, their families and fund research.



## *The Herbert Family*



On Saturday 29 March 2014, the Mandela Centre came alive when family and friends gathered together to celebrate the life and legacy of Debbie Morgan (nee Herbert).

Her passion and involvement in netball led to her becoming an international umpire as well as creating many lifelong friendships with other netballers throughout Manchester and Leeds. Many of those players came together on the day to compete in the first ever Debbie Morgan Netball Championship. At the end of a keenly contested match, Team Manchester were hailed the Champions. Later that evening scores of people gathered at The West Indian Centre to continue the celebration with food, drinks and performances, all in honour of Debbie. The night was filled with laughter and cheer as Debbie's life, passion and ambitions were captured in poems, songs and many other forms of tributes.

Debbie was known for her caring spirit and community development was at the core of her being. As a family we wanted to raise money for those in need and felt that the work of Beyond Cancer and the support they offer to people living with cancer and their families, was a fitting way to continue doing what Debbie did best. The funds raised (£657.81) during the event and through Charity Choice were donated to the Beyond Cancer Special Wishes Programme, to further their work in the community. Although curtains closed on that event, we are hopeful that each and every day Debbie's legacy will continue to inspire all those whose lives she was a part of.



## *Annual Charity Ball 2014*

Thanks to the support and generosity of the 270 people who dressed to impress and attended the now well established, Beyond Cancer Annual Charity Fundraising Ball. Held at Leeds Marriott Hotel, the event was another well balanced evening of raising awareness, great food and great entertainment. Internationally known contemporary dancer Lenora Stapleton opened the evening and kept guests mesmerized as she performed a specially choreographed dance piece in memory of her father.



This year the Charity chose the Yorkshire Cancer Centre (YCC) as the organisation that would benefit from funds raised throughout the evening. Special guest speaker Sheila O'Shea, YCC Appeal Director, shared with guests the wonderful work of the centre and praised the new relationship and work of Beyond Cancer. The evening raised £2,500 for the centre which has been used to Purchase 3 rise-recliner chairs for patients receiving chemotherapy in the Oncology Day Unit. Beyond cancer continues to be humbled by the level of support they received from local businesses and individuals who donated auction and raffle prizes, regardless of the pressures of the current financial climate. One guest described the evening as *"a roller-coaster of emotion, but I would not have missed it"* Another said *"Wow! I did not realise how many people's lives have been touched in such a positive way by this small charity, they have my support"*.



## *Beyond Cancer Award Sponsor and Supporter*

Leeds born Brian Deane, former footballer and now the Manager of Norwegian football team Sarpsborg showed his support to Beyond Cancer by sponsoring the "Carol Thomas Listening Ear and Hands That Hold Award" for the next 3 years. Brian also showed his support by helping to make a very Special Wish nomination come true for the Addelman family.



## *2014 Award Winner*

We were delighted to celebrate with Marian Campbell, the winner of Beyond Cancer's 'Carol Thomas Listening Ear and Hands that Hold Award' at this year's Annual Charity Ball.

- M** ... is for Marvellous
- A** ... is for giving Advice when it is needed
- R** ... is for Ready is to help anyone in her path.
- I** ... how Inspirational she is
- A** ... is for Always giving time to listen
- N** ... is for Nothing is too much for her to do one who ask.



*Marian Campbell  
2014 Award Winner*

Putting aside her own needs, Marian reached out to many women and men during their difficult journey of dealing with a cancer diagnosis. She made her voice heard amongst professionals and sought to ensure that those who found it difficult to have their voices heard were supported to do so. Marian was a befitting recipient of the award and was both shocked and amazed at being nominated. She was a well deserved winner.

## *Celebration of Life*

The Celebration of Life Event has become a date not to be missed. Taking place for the second year at St Aidan's Church Leeds, the event opened and closed with the parade of the newly designed banner, made by members of the Beyond Cancer Support Group depicting the now familiar symbols of the butterflies, the tree of life and the impact message of "hoping for a cure for all cancers".



The evening again provided a platform to raise awareness through the messages of personal journeys, experiences of individuals and family members. One story came from Yvette who shared her journey of being diagnosed with breast cancer over 18 years ago and the long battle which followed to get the reconstruction surgery which has helped to make her both physically and mentally stronger. She gave hope and inspiration to people like Helen, another speaker who is embarking on the second year of her journey. Speaking with passion, Xina shared the memories and messages she and her family have taken from the experiences and the impact on her Father Hugh Gooding's life before and after his cancer diagnoses. All experiences of interaction with health professionals from diagnosis to treatment were very different. However the common thread which ran through every story was how valuable they have found speaking to others about what was happening to them, further encouraging others to do the same.



*Helen sharing her journey*



*Making of the Banner*



*Guest Speaker Yvette*

Andy Wilson (Research Engagement Manager) at Leeds Cancer Research Centre shared information on the advancement of research taking place locally, at the centre based at St James's Hospital and beyond.

The amazing eclectic mix of participatory songs, music, and poetry took everyone on a sea of emotion. The evening climaxed with the hanging of over 100 butterflies with personal messages on the Celebration of Life Tree, accompanied by the gentle sound of the saxophone, played by Tony Daniels.



## Special Wishes Programme

The **Beyond Cancer Special Wishes Programme** continues to grow and has granted 47 wishes this year to nominated men, women and families who are coping with the impact of cancer.

One recipient said *"Thank you for granting me this special wish, it came out of the blue and really made me feel loved."* Another said *"Thank you Beyond Cancer my lovely friend nominated me for this wish and my daughter and I spent a very special day together, just like old times"*

The Addelman family were nominated and treated to a very special wish to bring a smile to their faces. The family live through the cancer diagnosis of Dad Robert and the diagnosis of Evie age 9 with Crohn's disease in September 2013. As she has been diagnosed with Crohn's at a young age, Evie has a greater chance of getting bowel cancer and is also at risk of skin cancer because of the medication she needs.



Me and my Daddy on our special day

Beyond Cancer surprised the family with a pink limo ride, something which has always been one of Evie's dreams, followed by tea at their favourite café, Ira B's. The family wrote *"This lovely surprise to our family was just at the right time for me, when things were very tough. Our family will never forget that day. It was a very magical day, and a simple 'thank you', will never be enough."*

## Spotlight on Pat Case

This year our very own Pat Case, Co-Founder and Chair of Beyond Cancer was nominated for three awards; Leeds Black Awards, St Kitts & Nevis (SKN) Mixed Blessings National Award and the Leeds Children's Services Staff Award for Excellence in recognition of her longstanding work with other charities and the development of Beyond Cancer. Pat was the winner of two of these awards.

Pat was invited to participate in a BBC Radio Leeds broadcast with other services in the West Yorkshire area, to share her personal journey with breast cancer highlighting the importance of attending breast and cervical screening when offered. One of the topics discussed in the programme was the lack of take up by women in the Black and Minority Ethnic communities and explored reasons given by women from these groups and some of the myths behind them. Raising awareness of screening, early detection and the availability of local support services continues to be an important part of the work of Beyond Cancer.





## Fundraising & Activities Throughout 2014

### Exclusive Shopping Event

Crabtree & Evelyn hosted an exclusive fundraising evening at their store in The Victoria Quarter, Leeds. The staff demonstrated their products and gave mini hand treatments to our guests. It was a fun evening with drinks, nibbles and a range of raffle prizes. The event raised an incredible £309.



### Salsa for Fun



Members of the Salsa for Fun group supported Beyond Cancer by promoting the importance of exercise, being healthy and having fun, at an event in September. Held at TJ's, those who attended were given a master class in basic salsa steps and then left to practice their steps as they danced the night away. Well done to those who attended. Keep your eye out for another event.

### Raising Awareness through Football

Friends and family joined members of Beyond Cancer Charity to cheer on men of all ages who turned out to play in the annual Cancer Awareness Football Tournament in May. Held at the Prince Philip Centre playing fields, the tournament raised a fantastic £150.00. The Caribbean Cricket Club showed their support by providing a well-deserved lunch for the weary participants. Thank you to everyone who played.



### Julie Jakeman - Helping others and reaping the rewards



Julie decided that it was time for her to get healthy and set herself a goal to lose 2 stones by Christmas. She needed all the encouragement she could muster from friends, colleagues and family to keep her going. Raising funds for a worthy cause was the motivation she needed. Julie's challenge took her through Breast Cancer Awareness month in October and Prostate Cancer Awareness month in November. Julie has reached her target, feels healthier, helped to raise awareness and a massive £360.00 at the same time. Thank you for your generosity.

### Adele Trew's Birthday Gift



A big thank you to Adele Trew who celebrated her 50th Birthday in August. Adele decided to donate all her birthday money to charity and she chose Beyond Cancer. Money raised on the night was £234.09.

Thank you Adele for your generous donation.

### Jaime' Lynch's 5K Neon Run

With a new found hobby for jogging Jaime considered doing something different for her birthday. As it was Breast Cancer awareness month and the Neon Run the day before her birthday, she thought it was an ideal time to put the two things together and raise money for her chosen charity. Doing it in a fun way with family and friends, Jamie raised £25.00 for Beyond Cancer. Thanks for your donation.



Special thanks to all our Volunteers who give their time and energy to support the work of Beyond Cancer at our events. We could not do it without you. *Thank you all once again!*

## Donations made this year

With your support, we have donated to the following charities:

- ❖ **Yorkshire Cancer Centre** received **£2,500** which was greatly welcomed and has been used to purchase 3 rise-recliner chairs for the Oncology Day Unit from their Wish List. The comfortable chairs are continually in use for patients receiving chemotherapy in the Unit.
- ❖ **Cancer Research UK** received **£680** towards work around research, in the hope that a cure will be found for all cancers one day.
- ❖ **Beyond Cancer Special Wishes Programme** received **£2000** towards granting special wishes to nominated women, men and families following a cancer diagnosis.

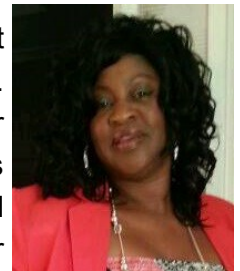


## Remembering Marian Campbell



**Sunrise: 17<sup>th</sup> August 1965 – Sunset: 18<sup>th</sup> October 2014**

It is with great sadness that on 18 October 2014, Marian lost her fight against Ovarian Cancer. We at Beyond Cancer have a great deal to thank Marian for. She showed us and many others the real importance of talking and sharing your experiences, no matter how difficult things are; a key message she always brought to our Charity Social Support Group. In September 2013 Marian shared her personal journey and family history at our first Celebration of Life Event. Her heartfelt story touched many people on the night. One quote that stands out from



Marian's story was *"In my house, cancer doesn't mean misery or sadness. It means much more. It means hope and live for today. I hope my journey can be a message to others to check your family medical history and act on it immediately".*

We are humbled by Marian's fight and all that she did to bring the discussion about Ovarian cancer and the work of Beyond Cancer out into the open. She will be greatly missed by us all.

## Beyond Cancer Monthly Social Group



The monthly social meets on the last Friday of the month and offers the opportunity for people to meet in a relaxing environment. The social get together offers more than a space to talk, but also social time out to enjoy some relaxation therapy, pamper sessions and general health awareness. Come and join us at: Chapel Allerton Tennis & Gym Club, Wensley Avenue, Leeds, West Yorkshire LS7 3QX

If you would like to support Beyond Cancer by holding a fundraising event e.g. coffee morning, bake sale etc. please contact us at [enquiries@beyondcancer.org.uk](mailto:enquiries@beyondcancer.org.uk)

## Upcoming Events

- ❖ Fashion Show & Afternoon Tea - 22 February 2015
- ❖ Beyond Cancer Annual Fundraising Ball - 23 May 2015
- ❖ Celebration of Life Event - September 2015
- ❖ 5th Birthday Celebration - November 2015

Please visit our website for more information : [www.beyondcancer.org.uk](http://www.beyondcancer.org.uk)

*Beyond  
Cancer* 